Deduction Worksheet for Glutenfree, Caseinfree diet

GFCF Item	Quantity	Unit	Cost	Unit cost	Comparable Item	Quantity	Unit	Cost	Unit cost	Cost Diff	Net diff
	a		*b*	*b/a=c*		*d*		*e*	*e/d=f*	*c-f=g*	*g*a*
Rice almond bread	24	oz	$ 3.89	$ 0.16	Wonder bread	32	oz	$ 2.15	$ 0.07	$ 0.09	$ 2.28
Garfava flour	24	oz	$ 6.99	$ 0.29	Gold medal flour	80	oz	$ 2.19	0.03	0.26	6.33
Xanthan gum	8	oz	$ 11.99		n/a		oz				$11.99
Almond milk	32	oz	$ 2.49	$ 0.08	Cow's milk	64	oz	$ 1.79	0.03	0.05	1.60
Pamelas cookies	9	oz	$ 3.89	$ 0.43	Chips ahoy	40	oz	$ 1.99	0.05	0.38	3.44
Rice bran crackers	16	oz	$ 2.49	0.16	Honey grahams	32	oz	$ 1.99	0.06	0.09	1.50
Quinoa pasta	12	oz	$ 2.50	$ 0.21	Barilla pasta	16	oz	$ 0.99	0.06	0.15	1.76
Brown rice flour	32	oz	$ 4.00	$ 0.13	Gold medal flour	80	oz	$ 2.19	0.03	0.10	3.12
Tapioca flour	14	oz	$ 0.89	$ 0.06	Gold medal flour	80	oz	$ 2.19	0.03	0.04	0.51
Potato starch	16	oz	$ 2.89	$ 0.18	Gold medal flour	80	oz	$ 2.19	0.03	0.15	2.45
Corn starch	16	oz	$ 2.69	$ 0.17	Gold medal flour	80	oz	$ 2.19	0.03	0.14	2.25
Pancake mix	16	oz	$ 5.99	$ 0.37	Bisquick	32	oz	$ 2.69	0.08	0.29	4.65
Sorghum flour	32	oz	$ 3.00	$ 0.09	Gold medal flour	80	oz	$ 2.19	0.03	0.07	2.12
	1		$ 1.00	$ 1.00		1		$ 1.00	1.00	-	-
	1		$ 1.00	$ 1.00		1		$ 1.00	1.00	-	-
	1		$ 1.00	$ 1.00		1		$ 1.00	1.00	-	-
	1		$ 1.00	$ 1.00		1		$ 1.00	1.00	-	-
	1		$ 1.00	$ 1.00		1		$ 1.00	1.00	-	-
			$ 58.70								$43.99

	600