

TACA's AUTISM JOURNEY BLUEPRINTS®

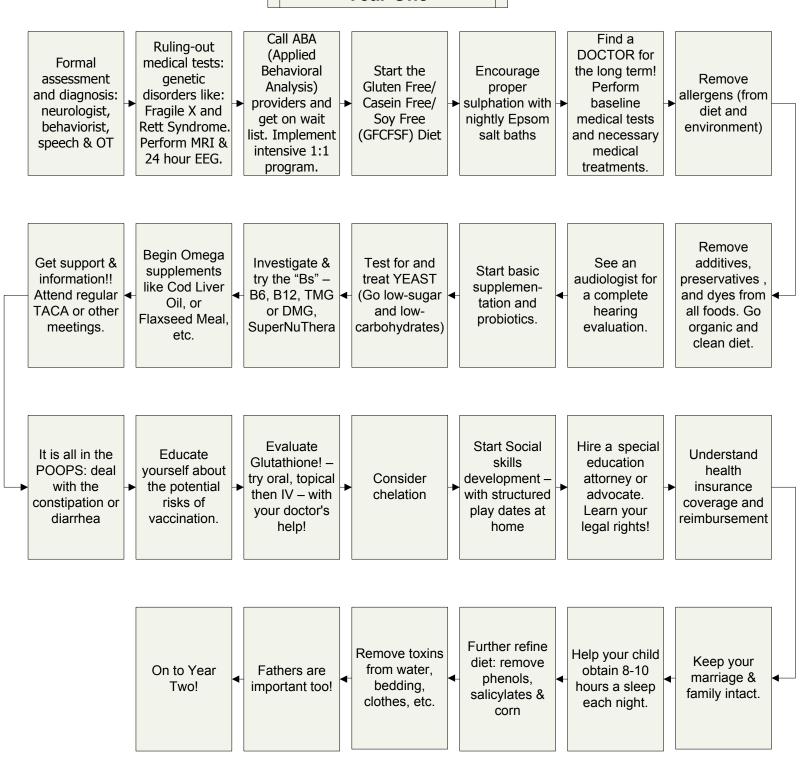
A visual foundation of best practices for your child

This booklet contains TACA's unique visual reference tools to help give you an overview of each process to guide you on the autism journey. We call these flow charts the TACA "AUTISM JOURNEY BLUE PRINTS" for every topic parents will face on their journey.

These step-by-step processes will help you to determine appropriate interventions and timelines for taking action in the realms of medical and dietary intervention, education, finances and home life. These flow charts will provide a visual foundation of best practices for your child, and the work families need to follow whether new to the journey, veterans, and everyone anywhere in between.

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Autism Journey Year One



This document is a "sample" checklist to consider in planning intervention for a child affected by autism. Please note, the order and action items will vary by child.

This is only a sample. Please consult with your child's development and medical team for what is appropriate for their individual needs.



Autism Journey Year Two

Perform annual medical tests:
 behaviorist, speech & OT

Perform annual medical tests:
 Compreh.
 Stool test,
 RBC, Toxic metals and allergy panel

Evaluate all medical and traditional therapy options for their efficacy.

Get involved in state & federal legislation efforts. Continue
social skills
efforts with
age-appropriate
activities.
Consider
social skills
videos.

Keep learning your child's legal rights and get educated. Get an Immune assessment consider oral IG, or IVIG

If your child is
6 or older,
consider
CAPD
evaluation by
an audiologist.

Continue receiving respite and support! Keep your marriage & family intact.

Continue education: MAPS Conferences and others Refine
supplements:
take
supplement
vacations.
Change
brands of
supplements
as needed

Consider a rotation diet to prevent future allergies. Or other diets SCD, BED if GFCFSF is not enough.

Consider Listening therapies

Autism Journey Year Three

Perform annual assessments: behaviorist, speech & OT

Perform
annual medical
tests:
Compreh.
Stool test,
RBC, Toxic
metals and
allergy panel

Evaluate all medical and traditional therapy options for their efficacy. Get involved in state and federal legislation efforts – get family involved.

Continue social skills for advanced needs with local providers. Refine
supplements:
take
supplement
vacations.
Change
brands of
supplements
as needed

Evaluate alternative therapies: HBOT, neurofeedback etc.

LAST RESORT: Consider pharmacology when medical efforts are not progressing.

Continue, review and test other chelation protocols.

Keep your marriage & family intact.

Continue
education:
MAPS
Conferences
and others

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