

## Treating Autism Chart

ISSUE	Did Child Present Issue Before Therapy (yes or no)	Intervention Used / is issue still present?
Aggressive Towards others	no	
Anxious/fearful	no	Riley is currently fearful of bugs but this is because he is more aware of his environment now
Constipation	yes	Diet, magnesium, probiotics, carnitor, - twins have mito dysfunction that we have recently started treating. Threelac is the first thing that has helped Riley poop every day. Still working on it for Kai and Dorian. Diet changes helped eliminate blood in stool but still have constipation issues.
Destructive of things	yes	yes
Diarrhea	no	
Did not point	yes	Not really pointing but will show you what they want
Feeding/eating (self limited)	yes	Feeding therapy - yes
Vaccine reaction w/in 24 hours:	Boys were caught up on vaccines before being discharged from NICU/PICU and were sent home sick so it was hard to tell if it was vaccine related because of their multiple health issues. In hindsight I believe it was from being caught up on shots while they were still sick and underweight. Kai went back to ER 2 days after being discharged for vomiting/feeding issues/	
- DPT		
- MMR		
- Hep B	Saige admitted to hospital with severe jaundice 3days old after going home. Born	

	full term. Dorian jaundiced for 1 week in NICU, born at 32 weeks. Kai was jaundiced for several months after birth, given immunizations in PICU before discharged when we weren't there at 4 pounds and still sick. Riley given immunizations in NICU before discharge at 2 ½ months, feeding issues, GERD, vomiting.	
Head banging	some	Diet, vitamins - no
High pain threshold		Diet, vitamins - no
Hyperactive	yes	Diet, vitamins, guanfacine – yes (boys)
Inattentive	yes	Diet, vitamins – yes but improved
Intolerant of change	yes	Diet, vitamins - yes
Normal then regressed	Had a couple of words at 15 months that disappeared but always delayed due to prematurity. Dorian was 32 week preemie that was considered normal. She regressed after hospitalization and kidney failure age 3.	
Poor eye contact	yes	Diet, vitamins -no
Repeated courses of antibiotics	yes	Diet, vitamins – only use for PANDAS/strep – greatly reduced and not used for ear infections
Repeated ear infections	yes	Diet, vitamins = no
Rocking	yes	Diet, vitamins - no
Self injurious		
Sleep difficulties	yes	Melatonin - no
Sound sensitive	yes	Still present for Kai
Stimming:	Stimming/OCD is still a huge problem for Kai. It has improved for Riley	
- Hand flapping		
- Lining up objects		
- Spinning		
- Toe walking		

<p>- Other: non verbal, treated boys with 53 hours of mHBOT at home which improved Riley's speech, prior to this he had been almost mute. He also started giving kisses after 32 hours which he had not been able to do. Probably his biggest wow treatment.</p>		
<p>Tantrums</p>	<p>yes</p>	<p>Diet, vitamins, AAC device – still present but behavior did improve</p>
<p>Toilet training problems</p>	<p>yes</p>	<p>Diet, vitamins, behavior training – mostly resolved, some accidents at night</p>
<p>Unaware of danger</p>	<p>yes</p>	<p>Riley – no, Kai – yes but has improved</p>