

Treating Autism Chart – Matt – mom Tracey

ISSUE	Did Child Present Issue Before Therapy (yes or no)	Intervention Used / is issue still present?
Aggressive Towards others	No	N/A
Anxious/fearful	Yes	Social Story/Talking Sometimes
Constipation	Yes	GF/CF Probiotics/Mag/ No
Destructive of things	NO	N/A
Diarrhea	No	GF/CF Probiotics/Mag/ No
Did not point	Yes	No
Feeding/eating (self limited)	No	N/A
Vaccine reaction w/in 24 hours:		
- DPT	NO	
- MMR	No	
- Hep B	NO	
Head banging	NO	
High pain threshold	Yes	No (don't know what fixed this)
Hyperactive	Yes	GF/CF Low/No Sugar or Artificials & Sensory Diet/OT
Inattentive	Yes	GF/CF Low/No Sugar or Artificials & Sensory Diet/OT
Intolerant of change	Yes	Talk things out/No
Normal then regressed	Not Really	Never really started talking but we had regression after gains
Poor eye contact	Yes	Sometimes/ VBA/ABA/Speech
Repeated courses of antibiotics	Yes	No/ Diet, basic supplementation, Zinc was huge for this
Repeated ear infections	Yes	No/ Diet, basic supplementation, Zinc was huge for this
Rocking	Yes	No
Self injurious	NO	N/A
Sleep difficulties	Yes	Diet/Yeast Free/Probiotics and Melatonin
Sound sensitive	Yes	No/ Tomatis/Forwarning
Stimming:		
- Hand flapping	Yes	No

- Lining up objects	NO	N/A
- Spinning	Yes	NO
- Toe walking	Yes	No/ Relieved Constipation
- Other:	Throat Clearing	Sometimes
Tantrums	Yes	No totally diet related
Toilet training problems	Yes	No
Unaware of danger	Yes	No/Social Stories