

Video Instructions

1. **Device to record:** Use the iPad video recorder to document progress.
2. **Length of video:** Let it be natural, but no more than 2 minutes in length
3. **How often:** Record yourself once a week
4. **Points to make in the video log:** How you feel, how you think your kid feels, what has frustrated you, what are you excited about. Talk about the progress or the lack thereof. Talk about feelings.

Camera



About Camera





View the photos/videos you've taken
(Camera Roll)

Start/Stop Video Recording



Camera/Video Switch
(Slide to Switch)



Taking photos


Take a photo: Make sure the Camera/Video switch is set to , then aim iPad and tap .

How to take a video

Record a video: Slide the Camera/Video switch to , then tap  to start or stop recording.

How to use the front or back camera

While recording yourself, you can switch cameras, from front to back.

Switch between the front and back cameras Tap .

When you take a photo or start a video recording, iPad makes a shutter sound. You can control the volume with the volume buttons or the Side Switch.

Note: In some areas, the shutter sound isn't silenced by the Side Switch.

1. Viewing photos or videos



The photos and videos you take with Camera are saved in your Camera Roll album. To view the photos or videos press the sunflower icon.



View your Camera Roll album: Flick from left to right, or tap the thumbnail image in the album to see the photo or video in full screen.

2. Emailing photo or videos

After opening the photo or video, you are now able to email it. To email follow the next steps.

Send a photo or video in an email, text message, or Tweet: Choose a photo or video, then tap . If you don't see , tap the screen to show the controls.

A drop down box will give you the option to **Email Video, Send to YouTube or Copy Video**. Tap the **Email Video** button.

Type the **Email Address** of the person you want to send the video to and press **Send**